**FIRST SEMESTER - PSYCHOLOGY ELECTIVE COURSE OUTLINE**

Unit Domain

1. Perspectives in Psychological Science Scientific Inquiry
2. Sensation and Perception Biopsychology
3. Thinking Cognition
4. Learning Development and Learning
5. Personality Individual Variations
6. Social Psychology Sociocultural Context
7. Psychological Disorders Individual Variations

**FIRST QUARTER**

**Unit 1: Perspectives in Psychological Science**

Chapter 1: Introduction and Research Methods

Introduction: The Origins of Psychology (2-9)

* Descriptive Methods (22-26)
* The Experimental Method (27-34)
* Ethics in Psychological Research (35)
	+ Summing Up and Chapter Review

**Unit 2: Sensation and Perception**

Chapter 3: Sensation and Perception

Introduction: What are Sensation and Perception? (90-93)

* Perception (114-124) 1. 1a.
* Perceptual Illusions (125-126) 2.
	+ Summing Up and Chapter Review

Chapter 4: Consciousness and Its Variations

Introduction: Consciousness: Experiencing the “Private I” (136)

* Sleep (142-152) 3. 3a.
* Dreams and Mental Activity During Sleep (153-159) 4.
* Meditation (166-168) 5.
	+ Summing Up and Chapter Review

**Unit 3: Thinking**

Chapter 7: Thinking, Language, and Intelligence

Introduction: Thinking, Language, and Intelligence (280) 6.

* Solving Problems and Making Decisions (284-290) 7.
* Measuring Intelligence (296-301) 8.
* The Nature of Intelligence (302) 9.
	+ Summing Up and Chapter Review

**Unit 4: Learning**

Chapter 5: Learning

Introduction: What is learning? (186) 10.

* Classical Conditioning Associating Stimuli (187-199) 11. 11a.
* Contemporary views of Classical Conditioning (200-204) 12.
* Operant Conditioning: Associating Behaviors and Consequences (205-220) 13.
* Contemporary 14.
	+ Summing Up and Chapter Review

**Unit 5: Personality**

Chapter 9: Lifespan Development

Introduction: Your Life Story (368)

* Genetic Contributions to Your Life Story (370-371) 15.
* Prenatal Development (372-373) 16.
* Development During Infancy and Childhood (374-388) 17.
* Adolescence (389-395) 18.
* Adulthood (396-398) 19
* Late Adulthood and Aging (399-401) 20.
* The Final Chapter: Dying and Death (402) 21.
	+ Summing Up and Chapter Review

**SECOND QUARTER** ------------------------------------------------------------------------------------------------------------------------

Chapter 11: Personality

Introduction: What Is Personality? (453)

* The Psychoanalytic Perspective on Personality (454-468) 1. 1a.
* The Humanistic Perspective on Personality (469-473) 2.
* The Social Cognitive Perspective on Personality (474-477) 3.
* The Trait Perspective on Personality (478-485) 4. 4a.
* Assessing Personality: Psychological Tests (486-489) 5.
	+ Summing Up and Chapter Review

**SECOND QUARTER**

**Unit 6: Social Psychology**

Chapter 12: Social Psychology

Introduction: What is Social Psychology? (498)

* Person Perception: Forming Impressions of Other People (498-502) 6.
* Attribution: Explaining Behavior (503-505) 7.
* The Social Psychology of Attitudes (506-508) 8.
* Understanding Prejudice (509-514) 9. 9a.
* Conformity: Following the Crowd (515-517) 10.
* Obedience: Just Following Orders (518-524) 11. 11a
* Helping Behavior: Coming to the Aid of Strangers (525-528) 12.
	+ Summing Up and Chapter Review

**Unit 7: Psychological Disorders**

Chapter 14: Psychological Disorders

Introduction: Understanding Psychological Disorders (572)

* Anxiety Disorders: Intense Apprehension and Worry (578-585) 13. 13a.
* Mood Disorders: Emotions Gone Awry (586-594) 14. 14a.
* Personality Disorders: Maladaptive Traits (595-597) 15.
* The Dissociative Disorders: Fragmentation of the Self (598-601) 16.
* Schizophrenia: A Different Reality (602-611) 17. 17a.
	+ Summing Up and Chapter Review